

Ride for Alzheimer's P.O. Box 574 Gales Ferry, CT 06335

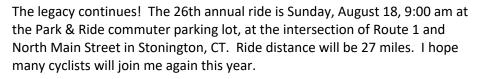
Dear Friends,

For twenty-five years, I have been doing long distance cycling rides to raise funds for the Alzheimer's Association Connecticut Chapter. This effort is in memory of my mother, Ruth Vivian Clark, who died from Alzheimer's disease in 2004. My rides have taken place for thousands of miles cross country and locally. Thanks to the generosity of donors such as you, all donations to the John Clark Ride for Alzheimer's support the Alzheimer's Association's mission to provide caregiver support, education, awareness and research.



John's Mom

The Vision for 2024



Goal: \$22,000

Even though I am riding in August, I encourage anyone to do a fundraising ride on their own in honor of a loved one struggling with memory loss, or in memory of someone who has passed away from Alzheimer's disease... OR... ride on THE Longest Day, June 20, 2024... OR... join me in August. Fact: 80,000 people in CT are struggling now with Alzheimer's. Seven million Americans are living with Alzheimer's...



John, ready for a ride

## Please help if you can. We all want "A World Without Alzheimer's".

## Make a tax-deductible donation:

online at http://bit.ly/John-Clark-Ride-2024 This link may not work on your computer. If not, try it on your cell phone.

or

make a check payable to the Alzheimer's Association CT Chapter, and mail it to me at:

## Ride for Alzheimer's, PO Box 574, Gales Ferry, CT 06335

The twenty-five year fundraising journey of the John Clark Ride is chronicled at www.rideforalzheimers.com. Visit my website to view photos, blogs and videos from previous rides. Also, Google "John Clark Ride", and find a video dated August 21. 2023 or a promo spot dated August 16. 2023. They summarize the history and mission of my fundraising effort.

Best Regards,

John Clark

Since 1999, The John Clark Ride has raised \$448,600 for research and to help families whose lives have been touched by Alzheimer's disease. All proceeds benefit the mission of the Alzheimer's Association, CT Chapter.